

# SYEDA BATOOL BAQIR

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## Objective:

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As a clinical psychologist and lecturer, I strive to empower individuals through compassionate, evidence-based care and inspire students by fostering a collaborative, engaging learning environment. My goal is to promote personal growth, resilience, and meaningful understanding both in clinical practice and academia.

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**MS Clinical Psychology**, Bahria University, Islamabad. (year 2017- 2019)

Thesis on “Dark triad supervisors in workplace bullying with employees work alienation with moderating role of task autonomy.”

**BS Psychology**, International Islamic University, Islamabad. (year 2013- 2017)

**Intermediate, (HSSC) Humanities group**, FBISE (2013)

**Matriculation, (SSC) Science group**, FBISE (2011)

## Skills:

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**Language skills:** English, Urdu

**Computer skills:** MS word, MS PowerPoint, Microsoft Teams, Google Classroom

**Assessment skills:** HTP, HFD, RISB, SPM, BGT and TAT

**Therapy and techniques:** Cognitive behavioral therapy, motivational therapy, relaxation techniques, counselling, anger management techniques and assertive training

## Job Experience:

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- Worked as a Visiting Faculty at **COMSATS University, Islamabad.**
- Worked as a Visiting Faculty at **International Islamic University (IIUI), Islamabad.**
- Currently working as a lecturer on contract in **NUML university Islamabad campus.**

## Internship Experience:

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- Internship of 6 months in psychiatric ward of **CDA Hospital, Islamabad.**
- Experience of 6 weeks at **Armed Forces Institute of Mental Health (AFIMH), Rawalpindi**
- Internship of 6 months at **Shifa Caring and Medical Centre Sohan, Islamabad.**
- Internship of 8 months at **Wellbeing Centre, Bahria University Islamabad.**

## Seminars and Workshops attended:

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- One day workshop attended on **first aid** on 25<sup>th</sup> April, 2014 in International Islamic University, Islamabad.
- Seminar attended on **Dialectal Behavioral Therapy** in NUML university, Islamabad.
- Attended **Conference of Psychology (COP 2018)** in Punjab University Lahore from 6-7 July 2018

- Attended workshop on ‘**Community Wellness: Psychotherapy and Social Change Process**’ in Bahria University, Islamabad from (July 30<sup>th</sup>- August 3<sup>rd</sup>, 2018).
- Attended workshop on ‘**Neurochemistry and the Psychology of Substance Use and Addiction**’ in Bahria University, Islamabad from (August 6<sup>th</sup> – August 10<sup>th</sup>, 2018).
- Attended pre-conference workshop on ‘**Mental Health Mind Techniques**’ by Dr. Imran and Dr. Sobia Aftab in Quaid-e-Azam University, Islamabad on 23<sup>rd</sup> November,2018
- Attended two days **7<sup>th</sup> International Conference on Positive Psychology** on 29<sup>th</sup> and 30<sup>th</sup> November 2018.
- Did **psychological assessment in counselling camp** during Student’s week in Bahria University, Islamabad from (5<sup>th</sup> -6<sup>th</sup> December 2018).
- Attended one day workshop on **Pakistan Life Savers Program** in NUML University in October 2023.

### **Hobbies and Interests:**

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Reading psychological literature and research.

Mentoring students and young psychologists.

Journaling and creative expression.

### **References:**

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References will be provided on demand.